

Female Pattern Baldness Remedy

BIOTIN

by Allergy Research

- **Helps brittle nails**
- **Blood sugar control**



Biotin is an essential vitamin found in many different types of foods, including dark green vegetables, eggs, nuts, and dairy products. Without enough biotin in their bodies, patients can experience hair loss, red and scaly skin rashes (particularly around the nose and mouth), thin and brittle finger and toenails, numbness and tingling of the hands and feet, as well as elevated blood

sugar levels.

While severe biotin deficiencies are rare, I have successfully used biotin as part of my Female Pattern Baldness remedy. Sorry guys, biotin does not seem to help Male Pattern Baldness. However, biotin can help both men and women with brittle nails and help diabetics get better blood sugar control and have less limb numbness when used as a comprehensive diabetic therapy program.

PRODUCT #	SIZE
118	60 cap

Repairs Vaginal Tissues

YEAST ARREST

by Vitanica



Yeast Arrest is an all natural vaginal suppository designed to treat Candida infections, enhance local immune response, and help repair vaginal tissues. Each capsule of Yeast Arrest contains boric acid, calendula flowers, and Oregon grape root.

PRODUCT #	SIZE
225	28 sup

Restore Vaginal Health

GY-NA-TREN VAGINAL SUPPOSITORIES

by Natren



Vaginitis is an inflammation of the delicate lining of the vagina and is characterized by a discharge of various colors and consistencies along with itching, burning, and sometimes light bleeding.

When an abundance of friendly bacteria are present in the vagina, the vagina will feel normal and balanced. Scientific studies have confirmed that the friendly bacteria are important because they help the vagina maintain a healthy acidic pH.

Gy-Na-Tren contains the proper amount and type of friendly bacteria that are necessary to maintain and restore vaginal health.

PRODUCT #	SIZE
151	14 sup

Speed up Iron Absorption

TAURINE

by Metabolic Maintenance

- **Boost energy levels**
- **Natural amino acid**



Taurine is a natural amino acid (protein building block) that helps iron be better absorbed into the body. Iron is one of the most difficult minerals to get into the body and taurine can help speed up iron absorption.

Taurine also can independently boost energy levels, safely and naturally.

PRODUCT #	SIZE
194	100 cap

Woman's Best Friend BLACK COHOSH

by Pure

- Reduce hot flashes
- Treats osteoporosis



Black cohosh is a long cherished herb (and sometimes best friend) of peri-menopausal women who experience moodiness and hot flashes.

Unlike some other herbs and soy, Black cohosh does not contain any estrogen-like molecules, does not stimulate breast or uterus cells, does not promote breast or uterine cancer, and it does not affect hormone

blood levels.

In addition to relieving menopause symptoms, Black cohosh also stimulates bone growth which can help in the treatment and prevention of osteoporosis.

PRODUCT #	SIZE
119	60 cap

Treats Water Retention PHYTODIURECTIC

by Wise Women

- Natural "water pills"
- Time-tested herbs
- Prevents bloating



Water retention is a common complaint of women during the end of their menstrual cycle or after eating salty, sweet, or carb-packed meals and snacks.

Phytodiuretic contains a blend of time-tested herbs that act like natural "water pills" to help the body eliminate excess water. This herbal remedy can be used to treat symptoms once they have occurred or as prevention when bloating and water retention are likely.

PRODUCT #	SIZE
218	2 oz

Same Results as Hormone Therapy IGNATIA HOMACCORD & KLIMAKHEEL

by Heel

- Improve quality life
- Immediate results

Ignatia Homaccord and Klimakheel are part of Dr. Hirt's homeopathic menopausal treatment plan.

Without the use of hormones, Ignatia and Klimakheel have been shown in scientific studies to provide comparable mood and well-being benefits as women using hormone therapy. These are important symptoms to treat and contribute greatly to the overall quality of life of peri-menopausal women.

Results can sometimes be felt immediately but should be expected to peak in approximately two months.



NAME	PRODUCT #	SIZE
Ignatia Homaccord	157	50 ml
Klimakheel	160	100 tab

Supports Your Liver and Kidneys

BLESSED THISTLE

by MyBestHealth



Blessed thistle is the common name for the herb *Silybum marianum*, long appreciated through the centuries by medicine men for its tonic health benefits.

And now modern herbalists know why.

Blessed Thistle helps the liver detoxify the blood and regenerate both the liver and kidney tissues when injured by the foods, drug, and

chemical we ingest or inhale. It also has been shown to lower blood cholesterol, blood sugar, and insulin levels without side effects. Recent studies have also shown extracts of Blessed Thistle to help estrogen work more effectively and efficiently in the body.

Blessed Thistle can be used by patients currently using medicines that tax the liver or for patients with high cholesterol, blood sugar, elevated insulin levels, and liver or kidney concerns.

PRODUCT #	SIZE
120	90 cap

Building Blocks for Hair, Skin & Nails

HSN PRO

by MyBestHealth



Hair loss, brittle nails, and skin problems seem to be affecting an increasing number of patients. The core causes of these issues seem to be caused by nutritional deficiencies, environmental toxins, as well as hormonal and genetic triggers.

HSN (Hair, Skin, Nails) Pro is designed to help patients who may present with a wide variety of conditions but share similar causes. HSN Pro has been formulated to include the correct doses of the key vitamins and minerals to support healthy tissues. Also included are herbs and phyto-nutrients that help support the body to heal weak and damaged proteins, the building blocks of your hair, skin, and nails.

HSN Pro forms part of the core treatment strategy for Female Pattern Baldness, brittle nails, and skin disorders.

For best results, take HSN Pro with Biotin by Allergy

PRODUCT #	SIZE
238	90 cap

Relieves PMS Symptoms

VITEX-AGNUS CASTUS

by Physician's Therapeutics



Vitex is a much appreciated herbal remedy to help relieve the symptoms of PMS including breast pain or tenderness, edema, constipation, irritability, depressed mood or mood swings, anger, headache, bloating, and food cravings.

Vitex can also help women going through the topsyturvy peri-menopausal years by limiting the hormonal swings that cause so many of their symptoms.

PRODUCT #	SIZE
208	60 cap

Essential for Pregnant Women

BRAIN FOOD

by MyBestHealth



Brain Food is an essential supplement for pregnant and nursing women because it contains DHA, one of the omega-3 fats. All jokes aside, our brains are made largely of DHA fat, and rapidly growing fetuses and infants need extra DHA to build large and healthy brains.

Research studies show that mothers who use DHA supplements during pregnancy and nursing have

babies with better visual, motor, and cognitive skills. Brain Food is made from plants, not fish, so there is no risk of contamination with mercury or other toxins typically associated with fish.

DHA is good for the mom, too, as it has been shown to reduce the risk of macular degeneration and heart disease.

PRODUCT #	SIZE
122	60 cap

The Hands of Time

Modern medical science allows physicians to turn back the "hormonal" clock and replace ounce for ounce, the youth-promoting hormones that decline with age.

If your hormones are down 25% for your age, we put back 25% of the missing bio-identical, natural hormones to make you...you.

This exacting personalization is very important. Taking too much hormone replacement can cause unwanted side effects. But replacing the hormones to get your own levels back to normal can help narrow the gap between your physiological age and your chronological age.

"Ready, Willing & Able"

R.W.A.

by MyBestHealth

- **Low sex drive remedy**



A partner with a low sex drive is a problem in many relationships.

R.W.A. stands for "Ready, Willing and Able" and is a standardized extract of Maca, a relative of the radish that grows in central Peru in the high plateaus of the Andes mountains. Maca has been cultivated as a vegetable crop for at least 3000 years, and has long been prized

medicinally for its ability to treat fertility and sexual problems.

The ingredients in R.W.A. have been clinically tested as an effective remedy of low sex drive for both men and women

PRODUCT #	SIZE
178	60 cap



Aging is inevitable, but how you age is not.

Diet lifestyle, and hormones determine whether the second half of your life is as active and full as the first half.

Whenever possible, I prefer to prescribe natural thyroid hormone because I feel that patients respond better than synthetic thyroid. Most doctors (including Endocrinologists) are trained only in the use of synthetic hormones and therefore prefer them.

Hormones animate our physical and emotional beings. We couldn't do it without them. And together we can find the hormonal balance that provides your best health.