

A NEW BEGINNING



Have you ever wished that your body had a “reset” button like the one on your computer? With a push of a button, you would get a fresh start, a “re-boot” that would allow you to clear out your system and get back to feeling better.

Unfortunately, there is no

“reset” button hidden on the human body. Our forefathers recognized the value of “fresh starts” and made regular spiritual and physical cleansing part of every major religion.

When you are feeling unwell, it is hard to assess what is making you feel poorly when there are so many possibilities. However, there are strategies you can use to clear your mind and your body of the stress and “toxins” that are making you sick. With this Detox program, you get a fresh start, and from this new beginning, you will be able to better sense which parts of your life and diet are affecting you both positively and negatively.

NUTRA-KLENS

by MyBestHealth

- **Migraine headaches**
- **Muscle & joint pain**
- **Fibromyalgia**
- **Chronic fatigue**
- **Food allergies**
- **Chemical sensitivities**
- **Environmental sensitivities**
- **Skin problems**
- **Alcohol and chemical dependency**

As a Clinical Nutrition Specialist, I can definitively tell you that what you eat has a significant impact on how you feel. Fatigue, restlessness, mood swings, bloating, gassy, belching, burning, churning, gurgling, twisting, cramping, and “toxic” are just some of the common symptoms people feel when their gut is out of balance.

Detox involves following a program that limits the toxic burden going into the body and helps the body get rid of the current toxin load. The Nutra-Klens protocol presented here will help you achieve this balance and cleansing.

Nutra-Klens is helpful for patients experiencing migraine headaches, muscle and joint pains, fibromyalgia, chronic fatigue, food allergies and intolerances, chemical and environmental sensitivities, skin problems, and alcohol and chemical dependency.

Unlike many other detox programs, the benefits of the Nutra-Klens ingredients have withstood scientific inquiry and have been proven effective in published scientific reports.

Doing The Two Step

The liver is the primary organ responsible for neutralizing toxins in the blood. Liver detoxification



NAME	PRODUCT #	SIZE
Adva-Klens	111	76 cap
Nutra-Klens	169	21 serv

involves two main steps: Phase I and Phase II. Nutra-Klens fully supports the Phase I and II liver detoxification systems and refreshes these important systems so they can work at 100% of their capacity. Using Nutra-Klens is like replacing the dirty air and water filters in your home and car.

A Four Stage Cleaning Process

The Nutra-Klens program involves four stages to maximize the detoxification process: (1) Washout (2) Secondary Clearing (3) Physiological Re-adjustment (4) Stabilization.

Adva-Klens is an important companion supplement for the Nutra-Klens program and will help clear toxins from the body and rejuvenate the liver's detoxification functions. Take one capsule of Adva-Klens twice daily with the Nutra-Klens shake. If you are feeling very toxic, increase this dose to two capsules twice daily until you are feeling better.

For the complete Program, ask for “Nutra-Klens: A New Beginning” Brochure.